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| **Coach Brown** |   | **Developmental Soccer**  |   |
| PE - Soccer  |   | 9/26 – 9/30 |   |

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| * **Monday**
 | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:** 1. Dress out into soccer gear.
2. Report for attendance.
3. Instructional time.
4. Class activity.
5. Students dress back into their school clothes.

**Class Discussion Point(s):** 1. Communication on the field and its importance. What good communication on the field sounds like? Loud, on time and correct.
2. Answer student questions.

**Class Activity:** 1. Split group into three teams.
2. Participate in 3-minute rotating small-sided competitive games.
3. Winning team stays on the field to defend their round championship.
4. Emphasis: Communication.

**Follow-Up/Homework:**   |
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| **Tuesday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Dress out into soccer gear.
2. Report for attendance.
3. Instructional time.
4. Class activity.
5. Students dress back into their school clothes.

**Class Discussion Point(s):**  1. Review – Importance of communication. What good communication on the field sounds-like.
2. Answer student questions.

**Class Activity:**1. Split group into three teams
2. Participate in fast small-sided competitive games – tournament style.
3. Winning team stays on the field to defend their championship.
4. Emphasis: Communication.

**Follow-Up/Homework:** Reminder about game evaluation grade Thursday. |
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| **Wednesday/Thursday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Students dress out into soccer gear
2. Students report for attendance
3. Class Discussion
4. Class activity
5. Students dress into their school clothes

**Class Discussion Point(s):**  1. Switching the point of the attack. When is the right time to switch the point of the attack? Why is important to switch the point of the attack? What are the benefits from switching the point of the attack?
2. Questions and answers.

**Class Activity:** 1. Split up two full teams
2. Full-field game with positional responsibilities.
3. Substitutions made every 8 minutes of play.
4. Emphasis: Switching the point of the attack.

**Follow-Up/Homework:** Professional soccer games schedule for the week.  |
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| **Friday**  | **Daily Objective:** Students will stay active and develop a better knowledge and understanding in the game of soccer**Daily Agenda:**  1. Students dress out into the soccer gear.
2. Student report for class attendance.
3. Instructional time.
4. Class activity.
5. Student change back into their school clothes.

**Class Discussion Point(s):**  1. Importance of communication – review
2. Switching the point of the attack - review
3. Questions and answer regarding communication and switching the point of the attack.

**Class Activity:** 1. Split up three teams and play small-sided tournament-style rotation games.
2. All students stay active during the course of class activity.
3. Emphasis: Communication and switching the point of the attack.
4. Finish workout with core-muscle exercises for better body strength.

**Follow-Up/Homework:** * Observe at least 20 minutes of a professional soccer game on tv.

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